HOTEL & REGISTRATION INFORMATION

Reserve Hotel Accommodations by September 3, 2011
Westin Galleria
5060 West Alabama, Houston, TX 77056
(713) 960-8100

FEE: 1. One day course is $245.00
2. Course and 3 day preceptorship with Dr. Kadambi is $1,500 which includes an intensive 3 day preceptorship where participant will receive hands-on training at Fort Wayne Endocrinology. Unlimited support for 1 year is also included.

Seating Limited to 30 Participants
Register by September 1, 2011

Send registrations by mail, email or fax, or call:

American Hormones, Inc.
EndoLab
66 Middlebush Road, Ste 300
Wappingers Falls, NY 12590
(888) 801-5777
Fax: (866) 597-7601
admin@americanhormones.com

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____
Email: _____

Make Checks Payable to American Hormones, Inc.

Credit Card: ❒MC ❒Visa ❒AMEX Exp Date: _____
Card Number: _____
Signature: _____

American Hormones, Inc. & EndoLab Present:

Age-Management, Bio-Identical Hormones and Diagnostics Conference

(8.0 Category I CME)

September 17, 2011

8am-6pm

Westin Galleria Hotel
5060 West Alabama
Houston, TX

SPEAKERS

Ashok Kadambi, M.D., F.A.C.E.
Board Certified Endocrinologist

Govind S. Gill, M.D.
Endocrinologist; Director of EndoLab

www.americanhormones.com
www.endo-lab.com

Your one-stop shopping for lab-results and prescriptions
Poughkeepsie, New York

THE DAYS AGENDA

BREAKFAST 7:30 – 8:00 A.M.

ESTROGENS 8:00 – 10:00 A.M.

- *The difference between Natural (Bio-Identical) Estrogens vs. other kinds of Estrogens*
- *Benefits of Estrogen replacement*
- *How to diagnose Estrogen deficiency*
- *How to initiate replacement therapy*
- *Oral versus topical Estrogens*
- *How to initiate dose based on clinical response and laboratory values*
- *Contra-indications and side-effects*
- *WHI study conclusions*

BREAK 10:00 – 10:15 A.M.

PROGESTERONE 10:15 – 11:15 A.M.

- *Progesterone versus progestin*
- *Benefits of Progesterone replacement*
- *Diagnosing Progesterone deficiency*
- *Recognition of Estrogen dominance*
- *Initiating treatment: oral, sublingual vs. transdermal*
- *Monitoring treatment: serum vs. salivary levels*
- *Titrating dose for optimal effect*
- *WHI study conclusions*

TESTOSTERONE 11:15 A.M. – 12:00 P.M.

- *Review of literature*
- *Benefits of Testosterone*
- *Diagnosing Andropause*
- *Initiating therapy*
- *Topical vs. injection*
- *Monitoring therapy*
- *Safety issues including discussion of prostate cancer risk*
- *Testosterone for women*

LUNCH 12:00 – 1:00 P.M.

THYROID 1:00 – 2:00 P.M.

- *Diagnosing Thyroid hormone insufficiency*
- *"Normal" vs. "Optimal" levels*
- *Choice of Thyroid hormone: Levothyroxine vs. combination T4/T3 therapy*
- *Monitoring replacement with Thyroid hormones*
- *Side-effects and trouble shooting*
- *Treatment of Chronic Fatigue/Fibromyalgia*

HGH USE IN ADULT GROWTH HORMONE INSUFFICIENCY 2:00 – 2:30 P.M.

- *Aging*
- *GH and the Brain; Bone Health; Coronary Information; the Heart*
- *Long-term effects of GH*

VITAMIN D 2:30 – 3:00 P.M.

- *Deficiency of Vitamin D*
- *Toxicity of Vitamin D*
- *What to measure*
- *Range of 25 OH D3*
- *Treatment with Vitamin D3*

DIAGNOSTIC LABORATORY TESTING 3:00 – 3:30 P.M.

- *Presented by Govind S. Gill, M.D., Laboratory Director, EndoLab*

BREAK 3:30 – 3:45 P.M.

DHEA/SUPPLEMENTS 3:45 – 5:00 P.M.

- *Review of adrenal metabolism*
- *Diagnosing and treatment of Chronic Fatigue*
- *Melatonin*
- *Red Yeast Rice and Guggal Extract for Hyperlipidemia*
- *5HTP for mood and depression*
- *Omega 3 Fatty Acids*
- *Iodine and Minerals*
- *Antioxidants*

CASE STUDIES 5:00 – 6:00 P.M.

COCKTAILS AND H'ORS D'OUVRES 6:00 – 8:00 PM.

**PLEASE COME AND MEET THE SPEAKERS AND OUR REPRESENTATIVES FOR A DISCUSSION OF PRACTICE AND BUSINESS DEVELOPMENT.*

ABOUT THE SPEAKERS

Ashok Kadambi, M.D., F.A.C.E: Board Certified Endocrinologist and President, Fort Wayne Endocrinology, Fort Wayne, IN, Dr. Kadambi is an early pioneer and expert in the field of bio-identical hormone replacement therapy. He manages a thriving practice and is a popular speaker on HRT and a variety of other topics.

Govind S. Gill, M.D.: Certified Endocrinologist and Medical Director of an Age-Management Clinic in Poughkeepsie, NY, Dr. Gill is also the Laboratory Director of EndoLab, which specializes in Radio Immunoassay and Chemiluminescent Serum Testing.